**EC/BFA-VA-409 Art Therapy Marks: 100 4 Cr. H**

**Weekly Planner**

**(Theory + Practical Work)**

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| **Week no** | **Assignment topic** | **Recommended book/video/website/speaker** |
| 1 | Introduction of art therapy |  |
| 2 | **Techniques And Methodology of Art Therapy**   * Theme Based Techniques * Abstract Based Techniques |  |
| 3 | **Assessment Procedures**  Psychological Basis of   1. Composition 2. Designs |  |
| 4 | 1. Patterns 2. Lines |  |
| 5 | 1. Negative And Positive Spaces 2. Placements |  |
| 6 | 1. Colour Harmonies 2. Media Applications |  |
| 7 | Group presentation |  |
| 8 | History Taking  M.S.E (Mental Status Examination) |  |
| 9 | Testing   1. H.T.P (House Tree & Person Test) 2. H.F.D (Human Figure Drawing Test) |  |
| 10 | 1. T.A.T (Thematic Apperception Test) 2. PANSS (Positive And Negative Syndrome Scale) |  |
| 11 | Topic/case discussion |  |
| 12 | Application of Techniques |  |
| 13 | Report Writing |  |
| 14 | Viva |  |
| 15 | Exhibition of work |  |